



Report of the Trustees (TAR) for the Year Ended 31 December 2025
REGISTERED CHARITY NUMBER: 1205735
For
Yesoid CIO

Trustees' Annual Report

The Trustees have the pleasure of presenting the annual report and financial statements for the year ended 31/12/2025. The Trustees would like to express their gratitude to all the volunteers for their support and donations that are sustaining the charity.

Objective:

The objects of Yesoid are to support Jewish young people, particularly through leisure-time activities, mentoring, and safe community spaces, to develop their confidence, skills, and personal capabilities, enabling them to grow to full maturity as individuals and active members of society.

Governance and Management:

Yesoid is a Charitable Incorporated Organisation (CIO) governed by a constitution adopted on 23 October 2023.

Trustees:

The following individuals served as trustees during the year:

Jeremy Rose (Chair)

Mathew Ryan Kanter

Philipp Chaim Berkovits

Adam Salomon

The trustees serve on a voluntary basis, and details of any related party transactions are disclosed, where applicable, in the notes to the accounts. Recruitment and appointment of new trustees is carried out in line with the charity's constitution, taking into account the skills, experience, and needs of the organisation.

Risk Review:

The trustees have assessed the principal risks facing the charity, including safeguarding and premises-related risks. Controls are in place, including safeguarding policies and procedures, trained staff and mentors, supervised sessions, controlled access to the building via a keypad entry system, secure sign-in procedures for visitors and attendees, and CCTV in communal areas to support the safety and welfare of young people and staff.

Achievements and Performance:

During the year, the charity received total income of £81,870, which was used to deliver mentoring and youth support activities in line with the charity's objects.

Delivery during the year included:

- Provision of a safe, supervised youth centre offering regular evening and drop-in sessions for Jewish children, including extended opening hours during higher-risk periods such as evenings and school holidays, ensuring consistent access to safe spaces and trusted adults.
- Delivery of one-to-one mentoring for young people experiencing emotional, social, or behavioural challenges, providing calm, consistent early-intervention support.
- Targeted support for neurodiverse young people, delivered through flexible mentoring approaches, inclusive activities, and a supportive environment tailored to individual needs.
- Inclusive mentoring support for neurotypical young people, helping to normalise help-seeking, reduce stigma around accessing support, and promote early engagement before difficulties escalate.
- Support for young people who are excluded from school, on reduced timetables, or at risk of exclusion, helping them maintain routine, positive engagement, and connection to trusted adults.
- Group activities designed to promote confidence, emotional resilience, and a sense of belonging, including games, sports, informal discussions, and structured sessions.
- A summer holiday programme providing structured activities alongside holiday food provision, ensuring young people had access to safe spaces, positive engagement, and nutritious meals during the school holidays.
- Delivery of a non-competitive, inclusive football league, designed to increase participation among young people who face social, cultural, or confidence-related barriers to traditional sports settings.
- Delivery of a culturally appropriate community concert, attended by approximately 1000 people, supporting intergenerational connection and community cohesion.
- Additional youth support and responsive activities were delivered in direct response to the terrorist attack, offering reassurance, safe spaces, and increased adult presence during a period of heightened anxiety within the community.
- Informal life-skills development through activities and mentoring, supporting young people to build confidence, communication skills, emotional awareness, and positive routines.
- Engagement with parents and carers to support young people's wellbeing and ensure support was appropriate and responsive to individual needs.
- Partnership working with schools, community organisations, and professionals to provide coordinated, culturally appropriate support.
- Recruitment, training, supervision, and ongoing support of volunteers and mentors to ensure safe, consistent delivery in line with safeguarding best practice.

Yesoid youth centre spaces used for supervised activities and mentoring



Service Users Supported and Evidence of Impact

During the year, Yesoid supported 100 young people through mentoring and 120 through youth activities. 40 parents received guidance and support.

Yesoid measures impact through short, age-appropriate surveys completed by young people at the start of mentoring and at six-monthly intervals, alongside attendance and engagement data.

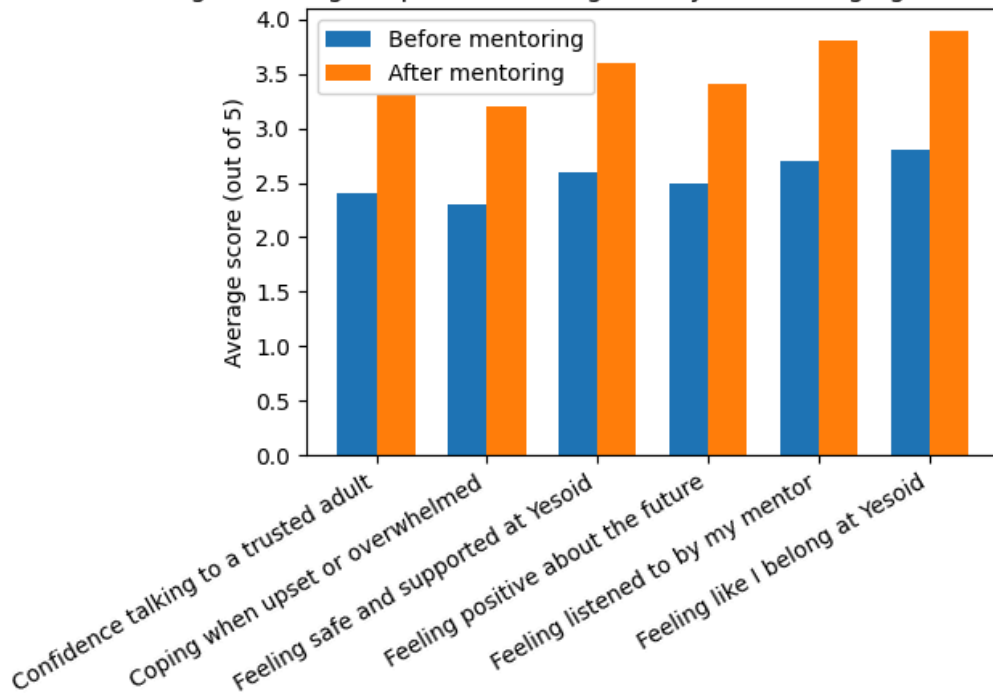
Evaluation findings showed measurable improvements in young people's self-reported wellbeing, confidence, and experience of mentoring over time.

Average scores (out of 5) increased across all areas measured, including:

- confidence in talking to a trusted adult (2.4 before, 3.3 after)
- ability to cope when feeling upset or overwhelmed (2.3 before, 3.2 after)
- feeling safe and supported at Yesoid (2.6 before, 3.6 after)
- feeling positive about the future (2.5 before, 3.4 after)
- feeling listened to by a mentor (2.7 before, 3.8 after)
- feeling a sense of belonging at Yesoid (2.8 before, 3.9 after)

(See graph below)

Change in Young People’s Wellbeing, Safety and Belonging Following Mentoring



Attendance data demonstrated sustained engagement over time, highlighting the value of consistent mentoring relationships and regular access to safe, trusted spaces.

Culturally Appropriate and Trusted Support:

The outcomes shown above reflect the importance of providing support that is culturally appropriate, trusted, and rooted within the community. Young people engage more openly and consistently when they feel understood, safe, and respected, and when support is delivered by adults who are familiar with their cultural context.

Feedback from young people and families indicates that Yesoid’s approach helps reduce barriers to accessing support, normalises help-seeking, and enables earlier engagement before difficulties escalate. This trust and cultural understanding underpin the positive outcomes demonstrated in the data.

Promotional Work Undertaken:

- Yesoid promoted its services through trusted community networks and partnerships to ensure that young people and families were aware of the available support.
- Information about activities and support was shared through direct engagement with parents and families, word of mouth, and referrals from schools and community organisations.
- Promotion also took place via the charity’s website and targeted paid offline advertising, enabling young people and parents to access up-to-date information about sessions and activities.
- Community events and activities provided additional opportunities to raise awareness of Yesoid’s work, helping to normalise help-seeking and reduce stigma around accessing support.

As a result of this approach, Yesoid continued to see steady engagement from young people and families throughout the year.

Samples of Qualitative Feedback:

Young people and families shared the following feedback about their experience of Yesoid:

- “I feel like I belong here and that people actually listen to me.”
- “Having someone I can talk to has helped me feel less alone and calmer.”
- “Yesoid is the one place I feel safe being myself.”
- “It helps knowing there’s always someone there when I need support.”
- “I feel more confident talking to adults now.”
- “Coming to Yesoid gives me something positive to look forward to.”
- “My child has really benefitted from having a trusted mentor.”
- “Yesoid has made a big difference to my son’s confidence.”
- “It’s helped my child feel more settled and supported.”
- “I’m really grateful this service exists in our community.”

Future Plans:

Over the coming year, Yesoid will focus on strengthening its organisational capacity, safeguarding practice, and quality of delivery, alongside the continued development of its mentoring and youth provision.

Key priorities include:

- Employing a part-time Governance and Compliance Officer (15 hours per week) to strengthen oversight of safeguarding, policies, monitoring and evaluation, and regulatory compliance, ensuring the charity continues to operate to a high standard as it grows.
- Delivering enhanced safeguarding training for staff, mentors, and volunteers, alongside Level 2 mentoring training, to ensure consistent practice, clear boundaries, and high-quality support for young people.
- Working towards formal organisational accreditation, embedding recognised standards across governance, safeguarding, and service delivery to further strengthen quality and accountability.
- Implementing and fully embedding a CRM system, enabling improved tracking of engagement, outcomes, safeguarding actions, and reporting, and strengthening evidence for funders and trustees.
- Continuing to develop mentoring and youth activities, with a focus on inclusive provision, non-competitive sport, life-skills development, and safe spaces during evenings and school holidays.
- Expanding holiday provision, including activities and food support, to reduce isolation and provide stability during school breaks.
- Strengthening partnership working with schools and community organisations to support early identification of need and coordinated support for young people.

Through these developments, Yesoid aims to build a more resilient, well-governed organisation, ensuring young people continue to receive safe, trusted, and effective support.

Case Studies:

The following anonymised case studies illustrate the impact of Yesoid's mentoring and youth support on individual young people.

Case Study 1 – Preventing escalation through consistent mentoring**Background**

A 14-year-old boy was referred to Yesoid due to increasing emotional dysregulation, withdrawal from peers, and frequent conflict at home and school. He struggled to trust adults and had begun disengaging from structured activities, placing him at risk of further isolation.

Support provided

The young person was offered regular one-to-one mentoring with a consistent mentor. Sessions focused on building trust, emotional awareness, and practical coping strategies, alongside informal activities that created space for conversation without pressure. Support was delivered in a calm, predictable environment, helping to reduce anxiety and resistance.

Outcome

Over time, the young person became more able to express feelings verbally rather than through anger or withdrawal. He reported feeling calmer, more confident talking to adults, and better able to manage difficult emotions. Attendance remained consistent, and he gradually re-engaged with group activities, developing positive peer connections and a stronger sense of belonging.

Case Study 2 – Stability and inclusion for a neurodiverse young person**Background:**

A neurodiverse young person aged 16 attended Yesoid following difficulties coping in school and feeling socially isolated. He found change and unstructured situations challenging and had low confidence in social settings. His parents were concerned about increasing disengagement and emotional distress.

Support provided

Yesoid provided flexible mentoring tailored to the young person's needs, alongside access to inclusive, non-competitive activities. Sessions were structured, predictable, and delivered by a trusted mentor who understood how to adapt communication and expectations to support engagement.

Outcome

The young person developed a stronger sense of safety and routine at Yesoid. He reported feeling understood and listened to, attended sessions regularly, and began to participate more confidently alongside peers. Parents reported improved emotional regulation and greater willingness to engage in activities outside the home.